

## **Meredith "Mez" Solin**

Meredith firmly believes that chasing wonder and trying new things are essential to the fostering of both happiness and wholeness in life. From science, to sports, to travel, and languages, all things share connecting threads - and all can be explored and expressed through the arts.

### Biography

Meredith "Mez" Solin came to Lake Tahoe while following her passion for the snow, which would seem quite unorthodox for a native Floridian if you didn't know her love of exploring. Little did she know that one winter in the Sierras would lead to 14 years of adventure and opportunity in many fields of interest, as well as the birth of her nickname, Mez. She holds a B.A. in Studio Art from Florida State University, was a member of their Graphic Design B.F.A. program and the European Graphic and New Media Design Program in London, and holds minors in Art History, Elementary Education, and Communication. Currently she is the Folk School Manager and resident teacher for Martis Camp Club in Truckee, California, where she has presided over their arts program for the last 5 years.

When not drawing, doodling, crafting, or teaching, you can find her on the mountains using over a decade of experience as a Level 2 snowboard coach to carve fluffy white turns, or heeding the call of her Floridian blood by wake surfing and paddle boarding the ridiculously blue waters of Tahoe.